



Tips and tricks on the topic of...

Family rules

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Rules make it easier to live together in everyday life. The family rules established by the parents and everyone sticks to them. Working rules help to ensure that parents do not have to repeat the same day after day.

Rules provide orientation and support and become helpful habits.
Rules must be understood by the Children so they can follow them.

Das können Sie tun:

- Set practical and enforceable rules for example:
 - Washing the hands using the toilet.
 - Sitting while eating.
 - Hang up your jacket and put your shoes in the right place.
 - Having meals together.
 - Welcome and farewell rituals (handshakes, eye contact, greetings).
- If you phrase the rules in a positive way: «This is the way we do it», then your child will know what is expected from him or her.
- Set only a few rules that are necessary and stick to them yourself.

Incidentally:

If everyone follows the family rules, then everyday life is much more relaxed.

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